

# Rules for monitoring Rothman Index

- If 3 day average  $>65$  have patient obtain Ri twice weekly.
- If 3 day average  $<65$  have patient continue daily monitoring.
- If Ri decreases  $>15\%$  between any consecutive measurements recommend referral for standard medical assessment (nurse or MD per organization's protocol).
- If Ri decreases total  $>15\%$  over any 3 consecutive measurements recommend referral for standard medical assessment (nurse or MD per organization's protocol).
- Ri may be repeated as often as hourly at the discrimination of the organization's medical personnel. If clinical staff have questions about the accuracy of the observations it should be repeated immediately.
- Once care plan is established any failure of the client to obtain PWI for 2 consecutive periods should trigger direct contact with the client.

*In general, any progressive deterioration over 4 or more days should be investigated by direct patient contact.*